

SAVE THE DATES!

May 2-5, 2024

Aikido of Madison and Aikido of Wales Welcome

Linda Holiday Sensei, Aikido 7th Dan

Founder and Senior Instructor, Aikido of Santa Cruz



Linda Holiday, 7th dan, is Founder and Senior Teacher of Aikido of Santa Cruz, California. She is the author of *Journey to the Heart of Aikido: The Teachings of Motomichi Anno Sensei*. In 1970, she began her practice of Aikido under Robert Frager Sensei and Frank Doran Sensei. She studied intensively in Japan for several years in the 1970's with teachers who had been direct students of the founder of Aikido, including Motomichi Anno Sensei, 8th dan, and Michio Hikitsuchi Sensei, 10th dan. Linda Sensei was one of the first Westerners to live in the remote Kumano area of Japan and undertake rigorous training at the Kumano Juku Dojo. Following in the tradition of her teachers, Linda Sensei integrates the physical and spiritual training of Aikido. She has taught in many countries and cultures, and is devoted to Aikido as a way of "building the World Family."

May 2 Aikido of Wales 6:30 PM - 8:30 PM

May 3 Aikido of Wales 6:30 PM -8:30 PM

May 4 Aikido of Madison 10:00 AM - 12:00 PM; 2:30 PM - 4:30 PM

May 5 Aikido of Madison 10:00 AM - 12:00 PM

Prices: Aikido of Wales \$30/class; Aikido of Madison \$120/weekend

Registration information to follow.

Questions for Aikido of Madison: <https://aikidoofmadison.com/events/seminars/>

Questions for Aikido of Wales: weberm@kmsd.edu