

# Friendship Seminars | March 2025

# Jan Nevelius Shihan



Photo: Beau Saunders

Thursday - Monday,  
**March 7-9** in Madison  
At **Aikido of Madison**  
AikidoOfMadison.com

Wednesday - Sunday,  
**March 14-16** in New Orleans  
At **Aikido of St. Tammany**  
& **NOLA Aikido**  
NOLAAikido.com

Wednesday - Sunday,  
**March 21-23** in Worcester  
At **Zenshinkan Dojo**  
Zenshinkan.com

Extra weeknight classes will be available at all locations. Visit each dojo website for the seminar and classes schedule and pricing, and about additional classes being offered.

Jan Nevelius Shihan, 7th Dan Aikikai, is based at Vanadis Aikido Dojo in Stockholm, Sweden and has practiced Aikido for 40 years. His main teachers are Endo Shihan and Tissier Shihan. He has also trained with, and has been strongly influenced by, Osawa Shihan and Hermansson Shihan. Nevelius Sensei emphasizes connection, soft ukemi, and an approach to Aikido as never-ending research.

## **Aikido of Madison**

2219 Atwood Ave., Madison, WI 53704 | aomseminars@gmail.com | aikidoofmadison.com | (608) 231-3935

## **Aikido of St. Tammany**

2050 Spartan Drive, Mandeville, LA 70448

## **NOLA Aikido**

3909 Bienville St, Ste 103 New Orleans, LA 70119 | dojo@nolaaikido.com | nolaaikido.com | (504) 208-4861

## **Zenshinkan Dojo**

65 Water St, Worcester, MA 01604 | info@zenshinkan.com | zenshinkan.com | (508) 799-9106